

ALISON CHALMERS REGIS

Boston, MA

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EDUCATION

Simmons University, Boston, MA

Doctorate of Physical Therapy, anticipated May 2XXX

GPA: 3.6

Research: Exercise Attitudes and Beliefs among Patients with Rheumatoid Arthritis

Bachelor of Science in Health Studies, 2009

Honors: Dean's List; Selected for Success Connection, a mentoring program for future leaders

Leadership: Simmons Crew Team Captain; Physical Therapy Liaison

Activities: Residence Hall Council

CLINICAL EXPERIENCE

Full time 15-week clinical experience

Boswell Memorial Hospital, Sun City, AZ

Spring 2XXX

- Evaluated and planned appropriate treatment for inpatients at Geriatric Rehabilitation and Medical Surgery Facility
- Delivered treatment for TBI, Stroke, Alzheimer's, Dementia, and Orthopedic patients
- Adapted conventional physical therapy techniques to meet needs of patients unable to voluntarily carry out a regime of therapeutic exercises
- Conferred with staff to evaluate patient information for planning and modifying treatment
- Demonstrated ability to motivate resistant patients to follow physical therapy program

New England Baptist Hospital, Boston, MA

Fall 2XXX

- Treated approximately 10 patients daily in both acute orthopedic and medical/oncology/GI units
- Cared for patients recovering from TKA, THR, TSA, Laminectomies and Spinal Fusions
- Observed knee, hip, and cervical spine surgeries
- Presented a well received staff in-service, "The Complications of Orthopedic Rehabilitation in Patients with Diabetes", providing current treatment information
- Treated terminally ill patients suffering from MS or breast, brain and lung cancers
- Reviewed CAT scans, MRIs, and X-Rays for pulmonary infiltrates and location of cancer
- Recognized by supervisor for ability to quickly establish rapport with challenging patients and provide appropriate treatment

Newton Wellesley Hospital, Newton, MA

Spring 2XXX

- Evaluated and treated patients requiring mechanical ventilation and patients with cardiopulmonary health conditions, including COPD and congestive heart failure
- Organized treatment schedules for patients in fast-paced acute setting
- Determined and recorded appropriate changes for patients' physical therapy treatment

INTEGRATED CLINICAL EXPERIENCE

Worked with clinicians one day per week each semester in the following settings:

VNA of Boston, Boston, MA

Community Care

Fall 2009

Spaulding Rehabilitation Hospital, Boston, MA

Acute Rehabilitation

Spring 2009

Massachusetts General Hospital, Boston, MA

Acute Care

Fall 2008

Beth Israel Deaconess Hospital, Boston, MA

Critical Care

Spring 2008

LifeCare Center, Plymouth, MA

Skilled Nursing

Fall 2008

RELATED EXPERIENCE

New England Baptist Hospital , Boston, MA 2010-Present

Physical Therapy Aide

- Assist physical therapist with treatments requiring maximum assistance of two or more for standing and ambulation.
- Deliver and fit patients to CPM machines directly after surgery
- Provide supplemental treatments and accurately document therapy
- Order home equipment for entire department and process billing efficiently

Simmons College, Holmes Sports Center, Boston, MA 2009-2010

Supervisor

- Trained and supervised staff in proper usage of gym equipment, ensuring a safe environment for members
- Provided group and individual personal training that assisted members to develop fitness and strength

St. Elizabeth's Hospital, Brighton, MA 2008-2009

Pharmacy Technician

- Provided medication and other health care products to patients as directed
- Accessed, retrieved and filed prescriptions, accurately maintaining confidential database

SERVICE LEARNING EXPERIENCE

San Juan Clinic, San Juan del Sur, Nicaragua January 2010

- Treated patients of all ages in a small rural clinic with limited resources; diagnosed and treated both neuro and ortho conditions in patients
- Conducted physical therapy screenings and made home visits in outlying towns
- Developed simple HEP to improve posture, ROM, strength, and coordination

PROFESSIONAL AFFILIATIONS

American Physical Therapy Association, 2010-Present

SKILLS

Language: Strong conversational Spanish

Computer: Proficient in Microsoft Word, Excel, PowerPoint and Access